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Norman b. anderson (author of emotional longevity)

Norman B. Anderson is the author of Emotional Longevity (3.46 avg rating, 13 ratings, 3 reviews, published 2003), Norman B. Anderson s Followers. None yet.

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Norman B. Anderson, What Really Determines How Long You Live." Anderson has held licenses to practice psychology in North Carolina and Maryland.

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In addition, an extreme amount of stress can take a severe emotional toll. Emotional Longevity: what really determines how long you live. New York: Viking.

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Norman Bruce Anderson, PhD (born October 16, 1955) Emotional Longevity: What Really Determines How Long You Live, released in 2003.

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About the Author. P. Elizabeth Anderson is an award-winning What REALLY Determines How Long You Live. P. Elizabeth Anderson co-authored Emotional Longevity,

A recipe for a healthier and happier life:

Emotional Longevity: What Really Determines How Long You Live, NORMAN B. ANDERSON, AND P. ELIZABETH ANDERSON. New York: Viking Press, 2003. 332 pp., \$24.95 (hardcover)

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