

# Fighting Karate By Hideyuki Ashihara

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Ashihara Karate is considered to be one of the most practical karate This dynamic karate system was founded by the late Karate Master, Kancho Hideyuki Ashihara.

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Hideyuki Ashihara ( , Ashihara Hideyuki, December 5, 1944 April 24, 1995) was a Japanese master of karate who founded the Ashihara karate system in

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Hideyuki Ashihara is the author of Fighting Karate (1.50 avg rating, 2 ratings, 0 reviews, published 1985) and More Fighting Karate (1.00 avg rating, 1 r

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Fishpond Australia, Fighting Karate by Hideyuki Ashihara. Buy Books online: Fighting Karate, 1985, ISBN 0870117424, Hideyuki Ashihara

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Ashihara- karate logo. Text used on uniform. Ashihara kaikan ( ?) is a stand-up, full contact Japanese martial art that was founded by Hideyuki Ashihara

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USA Ashihara Karate Federation. The Representatives of Ashihara Karate International. Ashihara Karate is considered to be one of the most practical karate systems today.

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Ashihara's Fighting Karate has its roots in Oyama's Kyokushin Karate. Though Kyokushin style emphasizes on power and body conditioning, Ashihara refined the technical

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Ashihara, Hideyuki (1985). Fighting Karate. Kodansha Ltd. ISBN 0-87011-742-4. Ashihara, Hideyuki (1989). More Fighting Karate.

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Ashihara has done a good job in marrying Japanese hard style karate with boxing. This sequel to Fighting Karate is a great reference book on the Ashihara style.

**Ashiharakai kancho hideyuki ashihara**

Kancho Hideyuki Ashihara Hideyuki Ashihara (Ashiwara)(1944 - 1995) , the founder of Ashihara Fighting Karate, was born on December 5, 1944, in Hiroshima Prefecture

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