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By Stuart Alve Olson

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Jun 29, 2013 Martin Neumann (student of Master Fernando Ch del, the lineage holder of Ma Tsun Kuen Tai Chi Chuan, www.matsunkuen.com) and Giles Rosbander give an

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Chen kung (author of the intrinsic energies of

Chen Kung is the author of The Intrinsic Energies of T'ai Chi Ch'uan (5.00 avg rating, 1 rating, 0 reviews, published 1995), Tai Ji Qi (4.00 avg rating,

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book Tai Ji Tui Shou (vol. 4 of the Chen Kung Series), translated by Stuart Alve Olson. Taiji Sensing Hands: Eight Styles and Four Skills of Sensing Hands

What is tai chi push hands (tui shou)?

Push Hands (a.k.a. Pushing Hands, Tui Shou, Sensing Hands) is an exercise performed by two people who are attempting to improve their Tai Chi skills.

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Pushing hands - wikipedia, the free encyclopedia

Health oriented t'ai chi schools may teach push hands to complement the (da shou) or crossing hands the manipulative therapy or tui na also taught in

Tai chi pushing hands tui shou - ptcc

Tui Shou Pushing Hands are partner exercises developed in the 16th Tai Chi Pushing Hands Tui Shou. This post is Lu, Ji and An. Another exercise

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Stuart Alve Olson (Olson, Stuart familiar with three or four of the main tui shou Ai Chi Series): Tai Chi Sensing Hands (Chen Kung's T'Ai

Wu style tui shou master - taiji-europa.eu

Lui Ji Fa Wu Style Tui Shou response becomes more abstract and less routinely oriented and indeed this is a characteristic of high level Tai Ji Tui Shou.

Tai ji tui shou (film, 1994) [worldcat.org]

Tai ji tui shou. [Peisheng Wang; Naizhao Wang; Zhaozhong Sun; Zhuanxin Lin; Zeren Zhao; Beijing ke xue jiao yu dian ying zhi pian chang. Yin xiang chu ban she.

Tui shou - push hands - immortal kung fu

Tui Shou is the double push hands practice. Push hands is a two person exercise that is practiced to develop the practitioners listening skills or yin

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