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Mark E. Hyman (born January 6, 1958) is an American journalist. He is the Vice President for Corporate Relations for Sinclair Broadcast Group, the largest chain of

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Dr Mark Hyman, MD, was intrigued by the body s inherent ability to stop eating when it felt full. The question that gave him sleepless nights was this: why was it

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Jul 29, 2015 Mark Hyman, MD, believes that we all deserve a life of vitality and that we have the potential to create it for ourselves. That s why he is dedicated

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Mark Hyman is an American physician, scholar and New York Times best-selling author He is the founder and medical director of the UltraWellness Center and a columnist

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